Coastal Community Action, Inc.

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Post Office Box 729
Newport, NC 28570
Phone: (252) 223-1630 FAX: (252) 223-1689

Did You Know?
Coastal Community Action, Inc. is building a diverse workforce and encourages applications from candidates who enjoy making a positive difference in people’s lives. If you are a dedicated and hard working individual who values diversity, economic justice and the ability to improve the quality of life for those living in poverty, we invite you to join our exceptional team.

- We currently employ over 200 employees throughout our service area.
- We have an outstanding benefit package which is available to eligible employees.

You can locate current information on careers and how to apply to Coastal Community Action on our website at www.coastalcommunityaction.com.

CCA is an equal opportunity provider and employer.

FOR QUESTIONS REGARDING THE APPLICATION OR HIRING PROCESS, PLEASE CONTACT:

Dora J. Sprague,
Director of Human Resources
Office: 252.223.1833
Fax: 252.223.1688
dora.sprague@coastalcommunityaction.com

Summer 2010
Volume 1, Issue 5

8th Annual Volunteer Appreciation Luncheon a Success

Coastal Community Action, Inc. (CCA) recognized its volunteers at its annual Volunteer Appreciation Luncheon. This year’s luncheon “Celebrating People in Action” was held on April 22 during National Volunteer Week, at the Havelock Tourist Center. Volunteers are an important part of the work of CCA, and this event gives the agency a formal opportunity to recognize and thank everyone for their support, hard work and hours of volunteer services in eastern North Carolina.

Coastal Community Action celebrated more than 250 volunteers who had provided more than 200,000 total hours of service in Carteret, Craven, Jones, Pamlico, and Lenoir counties in the past year. The volunteers’ hours equaled to more than 95 full-time jobs in our communities.

The agency recognized 7 Volunteers of the Year each of whom exhibited a unique spirit of giving and made their community a more welcoming place.

The 2010 Volunteers of the year are pictured above, from left to right: Eliza Hill, Foster Grandparent Program, Carteret County; Minnie Powell, Senior Companion Program, Jones County; Teresa Wade, Family Services Program, Carteret County; Sherry Dilahunt, CCA Agency, Craven County; Medene Williams, Section 8 Housing Program, Carteret County; William (Bill) Anderson, Retired Senior Volunteer Program, Carteret County.

Volunteers were treated to a meal catered by Flounders with favors and door prizes.

Inside this issue:

- A message from the Executive Director
- Children’s Services Receives Good Review
- Live a Month in Poverty
- Senior Programs Needs Volunteers
- Annual Shoe Drive
- Healthy Living
- CCA Programs

Dates to Remember:

- June 15: Nonprofits Day, Raleigh
- July 15: Family Development Services Celebration of Success
- August 9: Program Director’s Meeting
- August 16: Policy Council Meeting
CCA Welcomes Assistant Comptroller

In three months, I have seen what CCA does in the communities it serves and I am excited to be part of such a vital community organization. I look forward to being part of the change agent which progresses the agency to "be a leading force in improving the lives of those we serve."

Respectfully,
Angela Miller
Executive Director

Please welcome our new Assistant Comptroller, Laura Jackman, to the CCA family. Laura hails from New England (don’t hold it against her!), where she grew up and attended Wellesley College, graduating cum laude with a B.A. in economics. Laura also attended the Yale University School of Management, where she received an MBA with concentrations in both finance and non-profit management. Laura has worked and consulted at a variety of non-profit organizations, including Boston University, Connecticut Hospital Association, and Council of Juvenile Correctional Administrators (CJCA). Laura is currently working on earning her CPA. Given her recent retrofitting at the NCCAA Annual Conference held in Asheville, NC, we are certain Laura will bring lots of good luck to the Agency!

Did you know:
1. At least 90% of humanity lives on less than $10 a day.
2. Less than one per cent of what the world spent every year on weapons was needed to put every child into school by the year 2000 and yet it didn't happen.
3. Health of children Worldwide,
   - 2.2 million children die each year because they are not immunized
   - 15 million children orphaned due to HIV/AIDS (similar to the total children population in Germany and United Kingdom)

Our Mission: To respectfully and responsibly help people help themselves.

2010-2011 CCA Board of Directors

<table>
<thead>
<tr>
<th>Elective officials or their representatives</th>
<th>Representatives of the poor</th>
<th>Community representatives</th>
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<tr>
<td>Wade Nelms</td>
<td>Vice Chair Carteret County Commissioner</td>
<td>Dinah Foskey Head Start Policy Council</td>
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<tr>
<td>Sondra Riggis</td>
<td>Jones County Commissioner</td>
<td>Sherry Dillahun</td>
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<td>Renee Harrell</td>
<td>Craven County Schools</td>
<td>Carolyn Roy</td>
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<td>Jessie Corwin</td>
<td>Craven Law Firm PLLC</td>
<td>Vacant</td>
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<td>Vacant</td>
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<td>Andrew Wheeler, Jr., Treasurer, North State Bank</td>
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Weatherization Assistance Program (WAP)
Stacey Ellege, Director
252-223-1645

The goal of this program is to allow families to set goals, achieve positive outcomes, and move out of poverty to become self-sufficient. Eligible participants must live in Carteret, Craven, Jones or Pamlico Counties.

Weatherization refers to the insulation of attics, floors, walls, water heaters, pipes, and the performance of air sealing with the use of a blower door.

Heating and Air Repair and Replacement Program (HARRP)
Stacey Ellege, Director
252-223-1645

This program concentrates on the elimination of health and safety issues related to the primary heating system in the homes of low-income, elderly and disabled individuals. Eligible applicants must live in Carteret, Duplin or Onslow County.

Family Development Services
Charlotte Neely, Director
252-223-1655

This program provides rental home services to the elderly and handicapped, allowing them to remain independent later in life. Senior Companions are adults, 55 and older, who provide support to family caregivers in Carteret, Craven, Jones, Lenoir and Pamlico Counties.

Summer Family Rehabilitation Program (SFRP)
Ted Austin, Director
252-223-1640

Funds through this program are used to renovate and repair homes of elderly or handicapped individuals and families, bringing the homes up to current code standards, thereby allowing residents to remain in their homes for a longer period of time. Eligible applicants must live in Carteret, Duplin or Onslow County.

Our Vision: To be a leading force in improving the lives of those we serve.

Section 8 Housing Assistance
Nadine Sullivan, Interim Director
252-223-1690

This program provides rental subsidies for low-income families, helping them to rent affordable, decent, safe and sanitary homes in Carteret County. Home ownership is another option available to participants who qualify.

CCA Programs

Child Development and Child Care Services
Maria McDonald, Director
252-223-1630

CCA’s Child Development Services are comprehensive child development and family-focused programs which serve high-risk children from birth to age five and their families. Child care services provide quality child care to children and families of all income levels. Eligible participants must live in Carteret, Craven, Jones or Pamlico Counties.

Did you know:
- 70% of all children born in the United States are raised in poverty
- 2.2 million children die each year because they are not immunized
- 15 million children orphaned due to HIV/AIDS (similar to the total child population in Germany and United Kingdom)

Our Mission: To be a leading force in improving the lives of those we serve.
Benefits that truly Benefit

CCA, Inc. believes there is a lot of truth to that saying. Among other things, a loss of health can mean a loss of earnings if you are not able to work, and it can also mean medical bills that are extremely expensive. CCA, Inc. also realizes that health insurance can help you avoid some of those costs and it can also help individuals to lead more healthy lives by paying for preventive measures such as regular check ups and immunizations, to name just two. In recent years the increasing costs of medical insurance has caused many employees to substantially increase the out-of-pocket expense to employees. CCA, Inc. has made every effort to continue to pay the FULL amount of eligible employee’s medical premium.

$805.37 x 12 = $9,663.72
is the amount CCA, Inc. pays per employee for medical coverage.

For additional information on employee benefits please contact:

Dora J. Sprague, Director of Human Resources
Office: 252.223.1633
Fax: 252.223.1688
dora.sprague@coastalcommunityaction.com

Annual Shoe Drive

On May 1st the Family Development Services Team in partnership with Uniforms PRN/The Shoe Boutique and the Salvation Army in Craven County distributed approximately 125 pairs of quality, name brand shoes for members in the community expressing a need for comfortable, orthopedic footwear for work. Approximately 60 individuals enrolled in Self-Sufficiency and Head Start Case Management projects were among the individuals receiving a pair of shoes. The average cost per pair of shoes valued $179.99 each, not including tax. Case Managers selected participants based on those with the greatest need, enrollment status and type of work performed.

Owners of Uniforms PRN/The Shoe Boutique are Pam and Phil Malozzi. The Malozzi offer discounts to CCBF participants for nursing and cosmetology uniforms and shoes. The Malozzi were presented with a Pioneer Award during the Annual Celebration of Success in 2009 for their tireless support with helping low-income families in the New Bern area. The Salvation Army-Craven County received a Pioneer Award in 2008 for the Zero to Three program. The project was prompted by the Office of Head Start along with Zero to Three and promotes prevention by incorporating healthy movement and nutrition into the classroom environment. CCA first became involved in the project in early 2008 and has been working to fully implement the project in BHS classrooms over the last two years.

Most recently, EHS teacher, Calvin Floyd, was invited to Washington DC to discuss the program’s successes. Mr. Floyd teaches a two year old class at the PRN Daryus Child Development Center in New Bern and has been with the agency for 12 years. His dedication to obesity prevention, along with that of other EHS staff will be highlighted in a DVD about the project, expected to be released in Summer 2010. The DVD will be used as a training resource for other EHS programs around the country. CCA is blessed to have staff working every day to minimize the impact childhood obesity will have on our community’s children and future.

Children’s Services Receives Fully Compliant Review

From 2/21/10 to 2/26/10 the Administration and Families (ACF) conducted an on-site monitoring review of the CCA Head Start and Early Head Start programs. The good news is.....we were found to have no, zero, not a single area of noncompliance. Addi- tionally, we were recognized as having several areas of strength in our program(s). Our use of technology for our videoconferencing capabilities to wireless capabilities to our One Call Now system were noted for making information readily available to staff, parents and community partners alike. Our Seeking Out Support (SOS) system also received accolades for allowing staff to have a viable tool to obtain the assistance needed to serve our families, as well as, any needs they may have.

While the program was noted for all the project extraordinary commitment to collaborating with Coastal Community Action, Inc. in the effort of “helping people and changing lives”.

Little Voices for Healthy Choices

As our nation continues to fight a tough battle against childhood obesity, CCA works to make a difference in the youngest of citizens. Little Voices for Healthy Choices (LVHC) is an initiative directed towards children ages zero to three years old enrolled in our Early Head Start program. The project was prompted by the Office of Head Start along with Zero to Three and promotes prevention by incorporating healthy movement and nutrition into the classroom environment. CCA first became involved in the project in early 2008 and has been working to fully implement the project in BHS classrooms over the last two years.

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CCA Administration

Executive Director
Angela Miller
Chief Financial Officer
John Bassat
Assistant CFO
Laura Jackman
Accounting Technicians
Janie Mason, Margaret Lewis
Human Resources Director
Dora J. Sprague
Information Technology Director
John McManus
Administrative Assistant
Lara Taylor

Live a Month in Poverty

One of the most powerful educational tools in community action is the Poverty Simulation Experience. CCA hosted a simulation on May 14 at the Have- moor Tourist Courtyard. Participants enter the workshop with a new identity and family profile. The simulation captures one month in the life of a low-income family. Participants are asked to take a $600 income, spend $600, “walk in the shoes” of a low-income person in the community and see the kind of awakening. The power of this tool is that it creates an insight into the state of poverty.

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Happenings in the Housing Choice Voucher Program

Over the past few months an internal evaluation of the Housing Choice Voucher (HCV) Program was conducted. As a result of this evaluation, it was determined the HCV program needed a minor makeover. While this department has been providing outstanding customer service to CCA clients, there was room to grow, expand and challenge our staff.

Current staffing includes the Housing Director, two full-time Housing Specialists and one part-time Housing Assistant position with the Housing Specialist position. Therefore, the HCV program will have three full-time Housing Specialists.

This transition will be completed by June.

Spanish para la escuela

Due to recent ARRA funding, Head Start was able to add three part training sessions on “Survival Spanish for School Teachers, Administrator’s and Support Staff.” In conjunction with Spanish Language classes at the Carteret Community College’s Office of Continuing Education, Juan Rivas gave tips and tricks to 96 employees on appropriate pronunciations and key phrases. For several years, CCA had hoped to host Spanish Language classes for employees as more Spanish Language families continue to enroll in our programs. This year, nearly 20% of the Head Start families speak a language other than English. This course provided school personnel with key phrases for interactions with children and parents. Staff that participated in the training reports that the material was very relevant and useful.

Margaret Lewis’ Recipes for:

**STRAWBERRY SHORTCAKE**
1 Large angel food cake
2 small pkg. strawberry gelatin
½ cup sugar
2 cups boiling water
1 large pkg. frozen strawberries
Dissolve sugar and gelatin in hot water. Add strawberries and let stand to thicken into slush.

Break cake into small pieces and make a layer in a large clear glass bowl. (You can use a cake pan). Cover with a layer of strawberries. Repeat layers. Be sure to end with strawberries.

**LUSCIOUS LEMON PIE**
1 Unbaked 9 inch cracker crust pie shell
1 cup heavy cream
(1 oz.) of frozen lemonade concentrate (thawed)
(1 oz.) of sweetened condensed milk
3 drops yellow food coloring

Whip heavy cream until soft peaks form. Slowly add lemonade concentrate, sweetened condensed milk and food coloring, mixing well (do not over mix) into pie shell and chill at least 2 hours.

Appliances and Fixtures in General

*If all U.S. households installed water-efficient appliances, the country could save more than 3 trillion gallons of water and reduce more than 18 billion dollars per year!* 

If one out of every 100 American homes were outfitted with water-efficient fixtures, we could save about 100 million kilowatt-hours of electricity per year — avoiding 180,000 tons of greenhouse gas emissions. The greenhouse gas savings would be equivalent to removing nearly 15,000 automobiles from the road for one year! (EPA, 2008).

Children learn Spanish

The Family Development Services Program will host the Annual Celebration of Success Tuesday, June 15, 2010 at The Flame Banket Center in New Bern. The purpose of the celebration is to applaud and highlight the achievements of all Self-Sufficiency program participants and also to recognize outstanding participants enrolled in Head Start Case Management and Section 8 HUD Family Self-Sufficiency projects.

The celebration gives participants a time to shine. For example, one Head Start participant is raising her four children alone works outside the home and still maintains a 4.0 GPA in her college courses. She is a past Head Start Parent Council President, a current member of the Policy Council and she is very active in her community. Last year she was rec

The Carteret County Senior Games is in need of volunteers to provide one-on-one supportive services to at risk older adults in Carteret, Craven, Jones and Pamlico County.

Senior Companion volunteers make independence a reality for older adults. The volunteers help preserve and strengthen the older adult’s life, by helping them to maintain living independently. The volunteers may provide scheduled help to at risk older adults in the home with simple household tasks as well as helping them to get to and from appointments, errands and recreational activities.

The Carteret County Senior Games with Open Ceremonies and Celebration of the Games was held Thursday, April 29, 2010 at the Crystal Coast Civic Center. Ninety-two participants registered for the year events with thirty of those registered being first time participants.

A continental breakfast was provided for participants and guest prior to the opening ceremonies. During the breakfast event, a performing arts registers provided entertainment and a dance.

ANNUAL CELEBRATION OF SUCCESS

The Carteret County Senior Games Celebration is “To promote healthy living and active lifestyles with community participation by setting and achieving goals in sports and arts competitions.”

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A continental breakfast was provided for participants and guest prior to the opening ceremonies. During the breakfast event, a performing arts registers provided entertainment and a dance.